

FOR IMMEDIATE RELEASE  
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## **Omega Is Connecting a Community of Change Leaders Across the Hudson Valley & Beyond**

### ***29 Nonprofits Awarded With Working Retreat Grants at Omega***

RHINEBECK, NY – Omega, a nonprofit educational organization, today announced it will award 29 nonprofit peers with working retreat grants in 2018. [Nonprofit Retreats at Omega](#) is a program that has been running for 14 years, and has served more than 350 nonprofits and 5,000 dedicated people. Two summits will take place on Omega’s campus in Rhinebeck, New York. The Strengthening Communities Summit (May 28-30) will bring together nonprofits that prioritize a range of social, economic, or environmental issues. The Women Serving Women Summit (May 30-June 1), hosted by the [Omega Women’s Leadership Center](#), will focus on supporting organizations that serve the needs and interests of women.

“As a nonprofit organization, we know firsthand the great challenge and benefit of carving out time for strategic planning, and reflection,” said Carla Goldstein, chief external affairs officer at Omega. “We are pleased to be able to provide working retreat space for change leaders to take a moment away from the demands of their daily work so they can focus on big picture planning.”

“Omega’s Nonprofit Retreats offer participating organizations the opportunity to strengthen their commitment and capacity to pursue their mission by providing a unique environment that encourages and supports teamwork, organizational growth, and connectivity,” said Doug Sauer, chief executive officer of the [New York Council of Nonprofits](#) (NYCON), Omega’s partner in the program.

The participation of Mid-Hudson Valley region nonprofits is funded in part by a significant grant from the Dyson Foundation.

Omega is pleased to announce the following 2018 grant recipients:

#### **Strengthening Communities Summit Recipients:**

Basilica Hudson  
Community Voices Heard  
Cornell Cooperative Extension Ulster County  
Exodus Transitional Community  
Family of Woodstock, Inc.  
Holes in the Wall Collective  
Hudson River HealthCare  
Kingston Land Trust  
More Gardens! Fund  
ReEntry Columbia  
Second Chance Foods  
The Center for the Prevention of Child Abuse

The Maya Gold Foundation  
The Restorative Center  
Woodstock School of Art

**Women Serving Women Summit Recipients:**

Center for Reproductive Rights  
The Feminist Press  
GirlTrek  
Harlem Wellness Center  
Libertae, Inc.  
Ms. Foundation for Women  
NYC Anti-Violence Project  
Northeast Womyn in Permaculture  
Soapbox: The Feminist Foundation  
Theatre of the Oppressed NYC  
Thousand Currents  
viBe Theater Experience  
Women & Justice Project  
YWCA York

Formerly known as Service Week, Nonprofit Retreats at Omega began in 2005. Each nonprofit organization creates its own 3-day/2-night, self-led working retreat, accessing the amenities and facilities on Omega's 250-acre Hudson Valley campus. The grant includes simple accommodations, meals, and a private meeting space. In previous years, nonprofits have used the opportunity to cultivate relationships, discuss challenges, re-engage with shared purpose, generate ideas, develop plans, foster leadership, heal organizational rifts, deepen commitment, and enjoy some much-needed peace and relaxation.

To learn more about Strengthening Communities Summits, contact Marta Szabo at 845.266.4444, ext. 403, or [MartaS@eOmega.org](mailto:MartaS@eOmega.org). To learn more about the Women Serving Women Summit, contact Terri Hall at 845.266.4444, ext. 410, or [OWLCcommunity@eOmega.org](mailto:OWLCcommunity@eOmega.org).

For more information visit [eOmega.org](http://eOmega.org), and follow Omega on Facebook, Twitter, YouTube, Pinterest, LinkedIn, Instagram, and Google+.

**About Omega Institute for Holistic Studies**

*Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on 250 acres in the beautiful Hudson Valley, Omega welcomes more than 23,000 people to its workshops, conferences, and retreats in Rhinebeck, New York, and at exceptional locations around the world. [eOmega.org](http://eOmega.org)*

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